

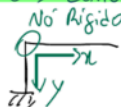
1.5  $\rightarrow$  Integração Vinhe Elástica (BE)

$$y''_{BC} = -\frac{M}{EI} = -\frac{1}{EI} (-7,5u^2 + 60u - 120) = \frac{1}{EI} (7,5u^2 - 60u + 120)$$

$$y'_{BC} = \frac{1}{EI} \left( 7,5 \frac{u^3}{3} - 60 \frac{u^2}{2} + 120u + C_3 \right)$$

$$y_{BC} = \frac{1}{EI} \left( 7,5 \frac{u^4}{12} - 60 \frac{u^3}{6} + 120 \frac{u^2}{2} + C_3 \cdot u + C_4 \right)$$

1.6  $\rightarrow$  Condições de Fronteira



Não Rígido  $\Rightarrow y_B^{est} = y_B^{din} \Rightarrow y'_{AB}(u=2) = y'_{BC}(u=0)$

$$\Rightarrow \frac{1}{EI} (120 \times 2) = \frac{1}{EI} \left( 7,5 \frac{0^3}{3} - 60 \frac{0^2}{2} + 120 \times 0 + C_3 \right) \Rightarrow C_3 = 240$$

$\hookrightarrow$  Despreze-se a deformabilidade axial das barras  $\Rightarrow \delta_B = 0$

$$\delta_B = 0 \Rightarrow y_{BC}(u=0) = 0 \Rightarrow C_4 = 0$$

1.7  $\rightarrow$  Reações e Deslocamentos

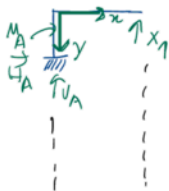
$$y_{BC} = \frac{1}{EI} \left( 7,5 \frac{u^3}{3} + 60 \frac{u^2}{2} + 120u + 240 \right)$$

$$y_{BC} = \frac{1}{EI} \left( 7,5 \frac{u^4}{12} - 60 \frac{u^3}{6} + 120 \frac{u^2}{2} + 240u \right)$$

1.8  $\rightarrow$  Valor de  $\delta_1$

$$\delta_1 = y_{BC}(u=4) = \frac{1}{EI} \left( 7,5 \frac{4^4}{12} - 60 \times \frac{4^3}{6} + 120 \times \frac{4^2}{2} + 240 \times 4 \right) = \frac{1440}{EI} \text{ (mm)}$$

2  $\rightarrow$  Cálculo do valor de  $\delta_2$



Reações

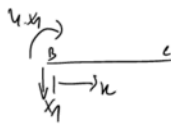
$$\begin{cases} \sum F_H = 0 \Rightarrow H_A = 0 \\ \sum F_V = 0 \Rightarrow V_A + V_B = 0 \Rightarrow V_A = -V_B (\downarrow) \\ \sum M_A = 0 \Rightarrow -V_B \times 4 + M_A = 0 \Rightarrow M_A = 4 \cdot V_B (\curvearrowright) \end{cases}$$

Barras AB  $0 \leq u \leq 2$

$$M_{AB}(u) = 4 \cdot x_1 \text{ kNm}$$

Barras BC  $0 \leq u \leq 4$

$$M_{BC}(u) = 4 \cdot x_1 - x_1 \cdot u$$




2.1 → Integração de linha Elástica (AB)  $y'' = -\frac{M}{EI}$

$$y''_{AB} = -\frac{M}{EI} = -\frac{1}{EI} (4 \cdot x_1) = \frac{1}{EI} (-4 \cdot x_1)$$

$$y'_{AB} = \frac{1}{EI} (-4 \cdot x_1 \cdot x + C_1)$$

$$y_{AB} = \frac{1}{EI} \left( -4 \cdot x_1 \cdot \frac{x^2}{2} + C_1 \cdot x + C_2 \right)$$

2.2 → Condições de Fronteira (AB)


 Rotação nula  $\Rightarrow \varphi_A = 0 \Rightarrow y'_{AB}(x=0) = 0 \Rightarrow C_1 = 0$   
 Deslocamento nulo  $\Rightarrow \delta_A = 0 \Rightarrow y_{AB}(x=0) = 0 \Rightarrow C_2 = 0$

2.3 → Re: da rotação e dos deslocamentos (AB)

$$y'_{AB} = \frac{1}{EI} (-4 \cdot x_1 \cdot x) \quad ; \quad y_{AB} = \frac{1}{EI} \left( -4 \cdot x_1 \cdot \frac{x^2}{2} \right)$$


2.4 → Integração de linha Elástica (BC)  $y'' = -\frac{M}{EI}$

$$y''_{BC} = -\frac{M}{EI} = \frac{1}{EI} (x_1 \cdot x - 4 \cdot x_1)$$

$$y'_{BC} = \frac{1}{EI} \left( x_1 \cdot \frac{x^2}{2} - 4 \cdot x_1 \cdot x + C_3 \right)$$

$$y_{BC} = \frac{1}{EI} \left( x_1 \cdot \frac{x^3}{6} - 4 \cdot x_1 \cdot \frac{x^2}{2} + C_3 \cdot x + C_4 \right)$$

2.5 → Condições de Fronteira (BC)


 No Apoio  $y^{\text{esq}}_B = y^{\text{dir}}_B \Rightarrow y'_{AB}(x=2) = y'_{BC}(x=0) \Rightarrow \frac{1}{EI} (-4 \cdot x_1 \cdot 2) = \frac{1}{EI} \left( x_1 \cdot \frac{0^2}{2} - 4 \cdot x_1 \cdot 0 + C_3 \right)$   
 $\Rightarrow C_3 = -8 \cdot x_1$

$\Rightarrow$  Desprezando deformabilidade axial dos barras  $\Rightarrow \delta_B = 0 \Rightarrow y_{BC}(x=0) = 0 \Rightarrow C_4 = 0$

2.6 → Re: das Rot. e Desl. (BC)

$$y'_{BC} = \frac{1}{EI} \left( x_1 \cdot \frac{x^2}{2} - 4 \cdot x_1 \cdot x - 8 \cdot x_1 \right) \quad ; \quad y_{BC} = \frac{1}{EI} \left( x_1 \cdot \frac{x^3}{6} - 4 \cdot x_1 \cdot \frac{x^2}{2} - 8 \cdot x_1 \cdot x \right)$$

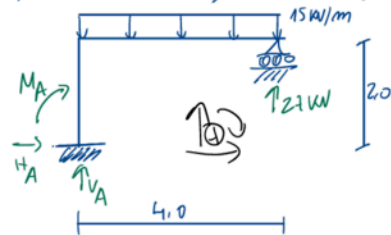
2.7 → Valor de  $\delta_2$

$$\delta_2 = y_{BC}(x=4) = \frac{1}{EI} \left( x_1 \cdot \frac{4^3}{6} - 4 \cdot x_1 \cdot \frac{4^2}{2} - 8 \cdot x_1 \cdot 4 \right) = -\frac{160 x_1}{3 EI}$$

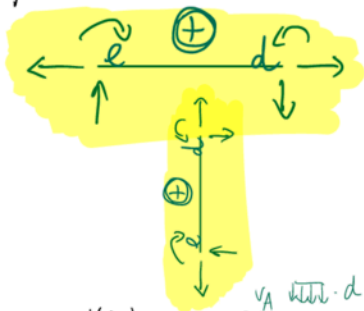
3 → Valor da Integral Hiperestática ( $x_1$ )

$$\delta_1 + \delta_2 = 0 \Rightarrow \frac{1440}{EI} - \frac{160 \cdot x_1}{3 EI} = 0 \Rightarrow x_1 = 27 \text{ kN}$$

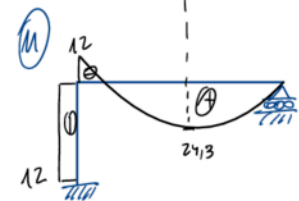
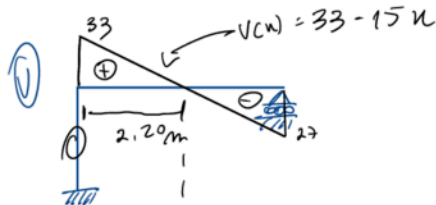
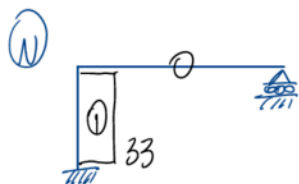
# c) Calcular reações e Traçar Diagramas de Esforços



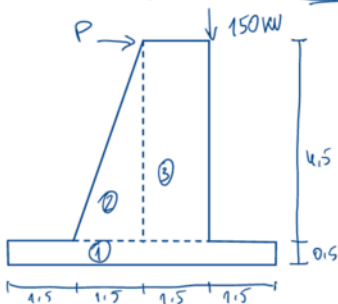
$$\begin{cases} \sum F_H = 0 \Rightarrow H_A = 0 \\ \sum F_V = 0 \Rightarrow V_A + 21 - 15 \times 4 = 0 \Rightarrow V_A = 33 \text{ kN} (\uparrow) \\ \sum M_A = 0 \Rightarrow M_A + 15 \times 4 \times \frac{4}{2} - 21 \times 4 = 0 \Rightarrow M_A = -12 \text{ kNm} (\curvearrowright) \end{cases}$$



$$V(x) = 0 \Rightarrow 33 - 15x = 0 \Rightarrow x = 2.20 \text{ m}$$



$$\begin{aligned} M_{\text{máx}}(x=2.2) &= M_A + V_A \times d - 15 \cdot x \cdot \frac{x}{2} \\ &= -12 + 33 \times 2.20 - 7.5 \times 2.2^2 \\ &= 24.3 \text{ kNm} \end{aligned}$$

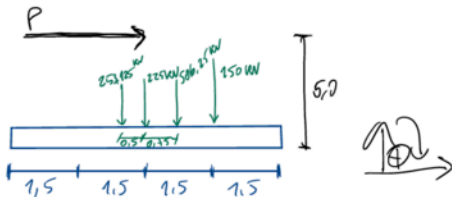
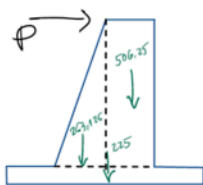


a) Redução das forças ao centro de gravidade de Sapata:

1.3) Resultante:  $R = 150$  (Força Atuada)

$$\begin{aligned}
 &+ 6 \times 0,5 \times 3,0 \times 25 \text{ (P.P. da Sapata)} \\
 &+ \frac{4,5 \times 1,5}{2} \times 3,0 \times 25 \text{ (P.P. do triângulo (2))} \\
 &+ 1,5 \times 4,5 \times 3,0 \times 25 \text{ (P.P. do Retângulo (3))}
 \end{aligned}$$

$$(\Rightarrow) R = 150 + 225 + 225 + 506,25 = 1134,375 \text{ kN}$$



3.2) Momento Resultante  $\Rightarrow$  Momento das forças em relação ao Centro de gravidade de Sapata

$$(\Rightarrow) M_R = 150 \times 1,5 + 506,25 \times 0,75 + 225 \times 0 - 253,125 \times 0,5 + P \times 5,0$$

$$(\Rightarrow) M_R = 478,125 + 5 \times P \rightarrow \text{Quando } P = 200 \text{ kN } (\Rightarrow) M_R = 1478,125 \text{ kN/m}$$

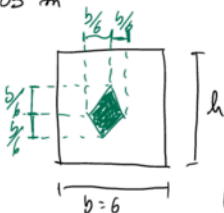
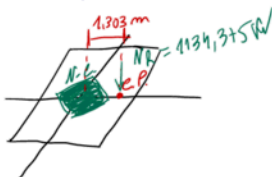
(na base da sapata)



4) Verificar se a sapata tem tensões de tração (eixo neutro cai dentro da secção)

Se o C.P. estiver dentro do núcleo central as tensões têm todos o mesmo sinal.

$$\text{C.P.} = \frac{M_R}{N_R} = \frac{1478,125}{1134,375} = 1,303 \text{ m}$$



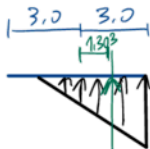
$$\frac{b}{6} = \frac{6}{6} = 1,0 \text{ m} < 1,303$$

(X)

$\Rightarrow$  Centro de Pressões cai fora do Núcleo central

Há Tração  $\rightarrow$  redistribuição de esforços

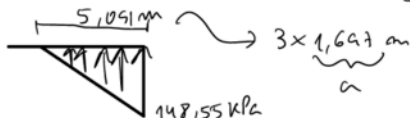
5 → Redistribuição dos esforços:



$$R_N = A. \text{ do } \Delta \times \text{largura} = \frac{p_{\text{máx}} \times 3.0}{2} \times 3.0$$

$$a = 3.0 - 1.303 = 1.697 \text{ m}$$

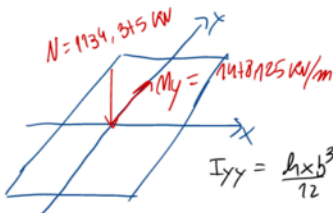
$$R_N = N_R (=) \frac{p_{\text{máx}} \times (3 \times 1.697)}{2} \times 3.0 = 1134.315 (=) p_{\text{máx}} = \underline{\underline{148.35 \text{ kPa}}}$$



148,35 kPa

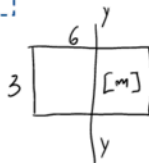
$$3 \times 1.697 \text{ m}$$

b) Posição do eixo neutro antes de redistribuição dos esforços:



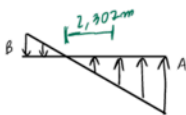
$$N = \frac{N}{A} + \frac{M_y}{I_y} \cdot x$$

$$I_{yy} = \frac{b \times h^3}{12} = \frac{3 \times 6^3}{12} = 54 \text{ m}^4$$



Posição do eixo neutro: (Quando  $N=0$ ) (=)

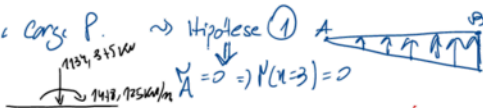
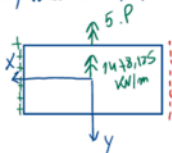
$$0 = \frac{-1134.315}{6 \times 3} + \frac{1478.125}{54} \cdot x = 0 \Rightarrow x = -2.308 \text{ m}$$



$$N_A(x=3) = -\frac{1134.315}{6 \times 3} + \frac{1478.125}{54} \cdot 3 = 0 \Rightarrow N_A(x=3) = -145.3 \text{ kPa}$$

$$N_B(x=-3) = -\frac{1134.315}{6 \times 3} - \frac{1478.125}{54} \cdot (-3) = 0 \Rightarrow N_B(x=-3) = 14.106 \text{ kPa}$$

c) Valor máximo de carga P.



→ Hipótese ①

$$N = 0 \Rightarrow N(x=3) = 0$$

$$N_{(x=3)} = \frac{1134.315}{18} - \frac{1478.125 + 5 \times P}{54} \times 3.0 \Rightarrow P = 131.25 \text{ kN} \Rightarrow$$

